

Blood Detective Nutritionals

Purple Longevity

Purple Longevity is a delicious anti-aging drink mix supplement that combines 19 nutrient rich whole fruits and vegetables and extracts.* Some of Nature's most protective foods are darkly colored fruits & vegetables because they contain potent antioxidants such as phenols, anthocyanins, ellagic acid, proanthocyanidins, bioflavonoids and Vitamin C, which provide a variety of health benefits.* Also included are anti-aging nutrients: Alpha GPC, L-Carnosine and Folic Acid to support mental energy, focus and clarity.*

Purple Longevity is a very convenient way to get more fruits and vegetables every day without the added calories, sugars or starch.

Purple Longevity contains powerful health promoting purple phytonutrients that support:

- Healthy aging*
- Memory*
- Mental clarity & focus*
- Cell health & function*
- Circulation & vascular health*
- Smooth, healthy, radiant skin*
- Immune system function*
- Nerve and brain function*

Purple Longevity has a delicious berry flavor enhanced by the natural sweetness of stevia and purple carrot.

Antioxidant Support

Purple Longevity contains health promoting phytonutrients like: anthocyanins, ellagic acid, phenolics, quercetin and others for total mind and body support.* The darker the fruit or vegetable color, the greater its antioxidant power.*

Aging and Cellular Support

Anthocyanins, quercetin, Acai, Purple (red) Cabbage, Goji berries, L-Carnosine and Mangosteen help to counter the negative effects of free radicals, protect against oxidative damage and support healthy aging.*

Circulation and Vascular Support

Ellagic Acid, Quercetin, Gogi berries, Pomegranate, Bilberries, Blackberries, Black Cherries and Blueberries support the structural integrity of the vascular walls, provide antioxidant protection and support circulation.*

Immunity

Quercetin, Acai, Mangosteen, Goji berry, Camu Camu, Plums, Black Raspberries and Bilberry help the immune system to function at an optimal level.*

Neurological Function

Alpha GPC, Folic Acid and L-Carnosine help protect cells against oxidative stress, improve neuron functioning and memory.*

Radiant Skin

Acai, Goji berries, Camu Camu, Ellagic Acid and Black Currants provide antioxidants to help protect skin against oxidation, UV light and environmental pollutants.*

Ingredients of Interest:

Branded Pomegranate Extract-P40p™ is a pomegranate extract standardized to 40% punicosides. P40p™ has a higher phenolic content than the leading commercially available pomegranate juices, but contains none of the sugar, carbs and calories found in commercial juices.

Acai

Acai, which is similar to grapes, is a small, round and blackish purple fruit that grows in the Amazon Rainforest. Acai is a berry with one of the highest ORAC values of any edible berry in the world!*

Goji Berries

Goji or Lycium is also known as the longevity fruit that has a wide range of anti-aging health effects ranging from energy enhancement to cardiovascular protection.*

Camu camu (fruit)

Camu camu is a small, round, shiny red to dark purple fruit having a juicy acidic sweet pulp that is traditionally used to support the immune system and help maintain optimal health, especially under conditions of stress.* Camu camu helps to promote healthy gums, eyes and skin and supports the functions of the nervous system and circulatory system.*

Mangosteen

Mangosteen (*Garcinia mangostana*) naturally contains a high ORAC value (over 5,000 units per oz of juice) and contains antioxidant compounds that support the immune system, and histamine management.* Our extract contains 10% mangostin. Mangostin is a xanthone flavonoid with potent antioxidant benefits, which research suggests may help neutralize cell damage by free radicals to support optimal cell function.*

Supplement Facts

Serving Size: 1 Scoop (10.95 g)

Amount Per Serving

Calories	40
Calories from Fat	1
Total Fat	0.5 g
Total Carbohydrates	9 g
Sugars	4 g
Fiber	3 g
Protein	1 g
Vitamin A	31 IU
Vitamin C	2.95 mg
Folic Acid	400 mcg
Calcium	14 mg
Iron	0.687 mg
Sodium	50 mg
Proprietary Fruit Powder Blend	4900 mg
Containing: Blueberry, Blackberry, Black Cherries, Black Raspberries, Black Currants, Plums, Elderberries, Bilberries, Figs, and Raisins	
Soluble Fiber (Fibersol-2™ brand)	2000 mg
Proprietary Vegetable Powder Blend	1250 mg
Containing: Eggplant, Purple Carrots, Purple Cabbage, and Beets	
Acai Fruit Powder	400 mg
Camu camu (fruit) Powder	300 mg
Mangosteen (<i>Garcinia mangostana</i>) Fruit Extract	300 mg
Yields: Mangostin	30 mg
Gogi (Wolfberry / <i>Lycium barbarum</i>) Berry Powder	200 mg
Proprietary "Brain" Blend	100 mg
Containing: Phosphatidylserine, Inositol, L-Carnosine and Alpha GPC	
P40p™ Pomegranate Extract	40 mg
Yields: Punicosides	16 mg
Stevia Leaf Extract	35 mg

Other Ingredients: raspberry, strawberry, cherry, vanilla and spearmint flavors, banana powder, citric acid, folic acid.

- **Contains: Soy.**

Warning: If you are pregnant or nursing, you should consult their health care practitioner before using this or any nutritional product.

- **Suggested Use:** As a dietary supplement, mix one scoop (10.95 g) daily in 6-8 oz of cold water or juice, or as directed by your health care practitioner.

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